



MADEREAL

SESSION 1 / PASSION

—noun.

an extravagant fondness, enthusiasm, or desire.

Sometimes we get passionate about sport, hobbies and new gadgets. At other times, men are known for lacking a real passion for anything. Passion is a value that impacts the way we live our lives and if we want to make a difference in the lives of others, we must become passionate men. Life is short. Without passion life can easily pass us by.



For MadeWild session on Passion, see pages 94-95

SESSION 1 / PASSION FOREWORD

"... I have come that they may have Life and Life in all its fullness."

- Jesus Christ, John 10:10

Jesus' agenda for our lives is that we embrace the fullest, most liberating, most energising life possible, and when Jesus speaks about this kind of life He's not just talking about Heaven. This is not just pie in the sky when you die – it's cake on a plate while you wait. Jesus wants us to experience His very best life now, across every part of our lives - our work, rest and play – a life of passion, where we embrace all that God created us to be and do.

Living life God's way is a great adventure where we get the privilege of partnering with Him to achieve amazing things for His Kingdom.

How did we get to the place where people perceive the Christian life to be dull and boring? You were born for a purpose – to be God's agent of change in the world, using your gifts and abilities to make a difference.

Jesus' purpose for your life is not to give you comfort, safety or boredom. Jesus invites His followers into a radical, risk-embracing, world-changing, water-walking, danger-accepting adventure. Fullness of life is not for the faint-hearted or the lazy – only the courageous should apply – and this is the challenge we want our young men to understand.

Only Jesus offers true fulfilment when we discover our self-worth, significance and security is found in Him. Our passion in life should be to know Christ, become like Christ and live like Christ in the world.

So let's inspire our young men to dare to be different and not play it safe. To be willing to stand out in the world, empowered by the Spirit and partnering with God in His Kingdom activity to rescue this world from all of its brokenness.

Foreword written by Matt Summerfield, Urban Saints

SESSION SET-UP

AIMS

By the end of this session each young person should be challenged to:

- think about their passions and how they impact their lives.
- explore their life goals, ambitions and role models.
- understand how passionate people impact the world.

ITEMS YOU MAY NEED:

General items:

- Registration forms for emergency contact
- First Aid kit
- DVD player and TV/projector
- Bibles
- ManMade DVD
- Session Print Sheets
- A stack of A4 paper for notes
- A pen for each member of your group
- Prizes for games (suggestions: chocolate, sweets...)

Items for “Restricted Use”

- A roll of masking tape
- A football

Items for “Spoons”

- An identical spoon for each member
- A pack of playing cards

Items for “Chef Roulette”

- Cups & saucers
- Items of strange food
- Items of fun food

PLAN YOUR SESSION

Choose the activities from pages 12-21 and use the time chart below to make sure that your session has the right amount of material.

NB: Select only those parts of the session which best suit your group and will also fit within your timescale. It is unnecessary to do every section.

10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS	10 MINS
1HR						1.5HRS			2HRS		



SESSION 1 / PASSION WARMIN' UP

Before starting this section, choose a selection of activities that will work best for your group in the time available. Make sure that they will work in your venue and that you have all the necessary resources.

The aim of this section is to communicate the importance of being passionate.

10MINS

OPTION 1: RESTRICTED

Items needed: A football, masking tape

Intro: When we are passionate about something, we won't give up when things become tough.

Step 1: Gather the group into a circle.

Step 2: Ask the group to warm up by throwing and catching the ball.

Step 3: Tape the wrists of each player together.

Step 4: Stand in a circle and throw the football around the group. Each person must catch it in their arms. Passes must be catchable.

Step 5: When someone drops the ball, they must continue, standing on one leg.

Step 6: When someone drops it a second time, they must continue playing whilst kneeling.

Step 7: If someone drops the ball a third time, then they are out.

Step 8: The winner is the last person left.

NB: If the game is too easy, make them stand further and further away from each other.

ASK THE GROUP:

Q1: How did it feel trying to catch the ball with your arms tied?

Q2: Did you ever feel like giving up? Why?

Q3: What can restrict us from doing the things we're passionate about?

OPTION 2: SPOONS

Items needed: Spoons (one for each member of the group), a pack of playing cards

Intro: This game is all fast paced and requires you to keep focused. If you fail to focus you will soon lose!

The object is to collect four cards of the same rank (e.g. all the fours)

Step 1: Separate a rank for each person playing.

Step 2: Gather the group into a circle and place enough spoons for all but one player into the middle.

Step 3: Shuffle and deal the cards that you have sorted so that each player has four cards.

Step 4: Every player is given a moment to look at their cards.

Step 5: The leader then says “1, 2, 3... switch.”

Step 6: On the word “switch” each player has to pass one card to their right.

Step 7: There should now be a card on their left hand side which they must pick up. They must then choose which card they want to pass on at the next call.

Step 8: The leader continues to call “1,2,3... switch” until someone has a set.

Step 9: As soon as somebody has a set they must grab a spoon.

Step 10: As soon as one person grabs a spoon, everybody can grab a spoon.

Step 11: The person who fails to grab a spoon is out of the game.

Step 12: Repeat the game taking out one set of cards and one spoon each time.

Step 13: The winner is the person who gets the final spoon.

NB: The leader should call “1, 2, 3... switch” progressively faster.

ASK THE GROUP:

Q1: How did it feel when you didn't get a spoon?

Q2: What do you think this game shows us about passion?

Q3: What opportunities in your life have you missed?

Q4: How did it feel when you missed an opportunity?

WARMIN' UP (CONT)

10MINS

OPTION 3: WHAT'S YOUR PASSION?

Items needed: [Print Sheet: PAS-01](#)



Intro: Life is full of choices. Some decisions are easy to make but others are much harder. Every choice that we make has an implication. Have you ever thought about what drives the choices that you make?

Step 1: Use the 'Would You Rather' options on [Print Sheet: PAS-01](#).

Step 2: Gather the group together in the middle of the room.

Step 3: Read from the sheet the two possible 'Would You Rather' options and ask them to move to either side of the room to indicate which option they have chosen.

Step 4: When everyone has chosen to go to either side of the room, ask them why they have chosen that option.

Step 5: Once people have shared, the young people can switch sides if someone has won them over with their argument.

Step 6: Repeat this exercise through the 'Would you Rather' options.

ASK THE GROUP:

Q1: What kind of decisions are hardest to make?

Q2: How does passion impact decision making?

Q3: Is it hard to stick with decisions when things are tough?

OPTION 4: HOW LAZY ARE YOU?



Items needed: [Print Sheet: PAS-02](#)

Intro: Each of us has the same number of hours a day, but how we use our time differs. This quiz will help us discover how effectively we are using our time.

Step 1: Print off [Print Sheet: PAS-02](#) (Make enough copies for each member).

Step 2: Each person answers the questions by themselves.

Step 3: When the group has completed the quiz, read off the scoring system.

Step 4: Each young person adds up and shares their score.

Step 5: Their score will indicate their laziness rating.

ASK THE GROUP:

Q1: Do you agree with the rating?

Q2: How do you feel about the outcome of the quiz?

Q3: How could you use your time more wisely?

Q4: Does your use of time reflect your passions?

I HAVE A DREAM
MARTIN LUTHER KING JR



SESSION 1 / PASSION

GET CONNECTED

20MINS

Both of these activities continue to explore the importance of passion. The DVD clip shows different opinions of passion. The scenarios help the young people begin to work through what drives the decisions that they make.



MANMADE DVD: VOXPOPS ON PASSION

Film Clip: Play the 'Voxpops on Passion' (2mins)

ASK THE GROUP:

Q1: Which of these statements do you agree with?

Q2: How do you feel after hearing how others think life should be lived?

Q3: What do you think being described as passionate means?

Q4: Do you think there are some things that we should all be passionate about?

GET CONNECTED SCENARIOS:



Read out the scenarios on [Print Sheet: PAS-03](#). Get the group to give honest answers and ask how their decisions would make them feel.

NB: After the young people have given their answers, ask why they would make those decisions. If conversations emerge from the scenarios, don't rush on to the next question but give the young people space to talk.

SESSION 1 / PASSION MEN OF THE WORLD



For this section you will need the profiles on **Print Sheet: PAS-04**

20MINS

INTRO:

Many men have lived passionate lives. When we embrace life with passion, great things can be achieved. It is important, however that we are passionate about the right things. There is also the danger that we fail to embrace life fully because we let our passion slip. In this section we will debate why different characters from history used their lives more effectively.

DEBATE:

Profile 1: Elvis Presley vs. Profile 2: Martin Luther King Jr

NB: You may want to design your own profiles that relate to people within your own locality.

- Split the young people into two groups.
- Give each group one character fact sheet (Elvis Presley or Martin Luther King Jr).
- Tell the young people to read through their profile together.
- Ask someone from each group to give a quick run-through on their character for the other group's benefit.
- Each must now argue why their profile character lived their life more passionately.
- You may need to encourage debate with the following questions.

QUESTIONS:

Q1: Who is the most famous?

Q2: Who has had the biggest impact on the world?

Q3: How do their passions differ?

Q4: Who do you think was most passionate?

Q5: Would you have rather music lessons from Elvis or history lessons from Martin Luther King Jr?

NB: The objective of this exercise is not to pass judgement but to examine the value in practice.



SESSION 1 / PASSION

MAN OF THE WORD

20MINS

INTRO:

- Q1: Which football team do you follow? Why?
- Q2: Which brands of clothing do you like to wear? Why?
- Q3: Which music do you like to listen to? Why?
- Q4: What do you do at lunch time? Why?

There may be a real mix of reasons for your answers but on some level the things that we do are influenced by others... whether they are friends at school, our parents, role models or celebrities. We all follow someone. Who we become is influenced by who we follow.

NB: We suggest that you share how Jesus influences your life.

BACKGROUND:

The Sea of Galilee was a large lake 14 miles long and 7 miles wide. Fishermen were known for being strong, uneducated and rough. At the time of this episode, the teachings of Jesus were becoming well-known throughout Israel.



MANMADE READING FOR PASSION

Read Matthew 4:17 - 22

ASK THE GROUP:

- Q1: Why do you think these fishermen chose to follow Jesus?
- Q2: The fishermen left their nets behind. What would you be willing to leave behind to follow a passion?
- Q3: By choosing to follow Jesus, in what ways were the fishermen's passions changing?
- Q4: Do you think their choice to follow Jesus was risky?

LESSON:

In this passage we see the disciples leave everything behind to follow Jesus. Jesus often said “Follow me”. Following Jesus often meant changing their passions. In letting go of old passions, many found a far better passion, a friendship with Jesus and a challenge to change the world.

ACTIVITY:

Read the following statements. Pause after each statement and ask the group what might be the underlying passion for Jesus’ actions.

Statements:

1. Jesus raised people from the dead
2. Jesus went to a party
3. Jesus prayed
4. Jesus claimed He was life
5. Jesus walked on water
6. Jesus died on a cross
7. Jesus came back to life
8. Jesus empowered others

Passages:

- (John 11:43)
(John 2:2)
(Luke 11:1)
(John 10:10)
(Matthew 14:25)
(John 19:33)
(Mark 16:6)
(Acts 1:8)

ASK THE GROUP:

Q1: Why do you think so many people continue to follow the model of Jesus today?

Q2: Is Jesus a good role model to follow? Why?

Q3: What would you do if Jesus turned up right now and invited you to follow Him?

CONCLUSION:

Jesus is the ultimate role model for men today. He was not a weak wimp but a passionate leader. More than just engaging with life, Jesus said that He came to offer life in all its fullness. With Jesus we find a passion for life and a passion to change the world.



SESSION 1 / PASSION MAKIN' THE POINT

20MINS

This section reinforces the importance of being passionate. Men of the World looked at historical figures who have thrown all that they are into their passions. In this final activity, challenge the group to eat everything that the chef has prepared.

CHEF'S ROULETTE

Prep: You will need to have a cup for each young person. In each cup there needs to be something for them to eat. Each cup should have either an item of strange food (e.g. Marmite, olives, anchovies, kidney beans, raw onion, edible seaweed, mussels, a lime, etc) or an item of fun food (e.g. chocolate buttons, grapes, peanut butter, etc). The cups must then be covered with a saucer or a piece of card, so that the young people cannot see what is in them.

Intro: People get passionate about all sorts of things. Do you get passionate about food? Have you ever done something new and liked it so much that you developed a passion for it? Let's see if you want to do that after this game.

Action: One at a time, each member of the group must choose a cup. By choosing a cup, they are committing to eat whatever is inside! After they have discovered what is in the cup, they must eat it.



NB: Check for food allergies. You may also need a bucket near by in case young people need to spit out their chosen food.

NB: It may be a good idea to have cups for the leaders too! If one of the young people refuses to eat what's in their cup, another member of the group can offer to do it for them.

ASK THE GROUP:

Q1: How did it feel when you saw what was in your cup?

Q2: What was it like eating the item?

Q3: Do you think you will develop a passion for your food?

Q4: What does it take to develop a passion for something?

SESSION 1 / PASSION

JOIN THE JOURNEY



10MINS

Jesus is passionate about changing the world. Are we passionate about changing the world too? Each session we will give you a challenge to carry out! Your first challenge is to see if you can develop a positive passion.

THE WEEKLY CHALLENGE:

(Choose one of the two options below.)

OPTION 1:

Intro: Push yourself this week to embrace life passionately and say “YES” to an opportunity that you would normally let pass you by. Look for opportunities in your school or at home to try something new and see if you might become passionate about it.

For example:

- Find a recipe online and try to cook something new.
- Get creative and take a camera out and shoot photographs of your local area.
- Learn about a new sport and then give it a go.
- Learn how to build a website or create your own vlog (video log).
- Raid the family recycling bin and make a massive scrap sculpture.
- Read the book of Acts each day and ask yourself why the early Christians became passionate about Jesus.

OPTION 2:

Intro: One of the best ways to make sure you get the most out of life is by setting some personal goals. Use [Print Sheet: PAS-05](#) as a basis for thinking through some of your passions, dreams and ambitions. Write on the sheet your goals for the coming year and how you might achieve them. Talk this through with a trusted friend if this helps.



